



Push Patch

Sample Protocols

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These are sample protocols and are not meant to be recommendations.

NAD+ 1300 mg

Anti-Aging/Increased performance

- Loading phase wear one patch a day for 3 days in a row.
- Wear patches weekly or bi weekly.

Traumatic Brain Injury “acute”

- Wear patches “at least” 3 days per week until symptoms resolve.

Traumatic Brain Injury “chronic”

- Loading phase wear one patch a day for 3 days in a row.
- Wear patches weekly or bi weekly.

Addiction

- Loading phase wear one patch a day for 3 days in a row.
- Wear one to two patches per week based upon craving reduction.

BPC157 2000mcg + NAD+ 250 mg

Acute pain/Injury/Post surgery

- Wear patches daily until pain has decreased 50%.
- Wear 2 to 3 patches per week until pain has resolved.

Gut Health

- Wear 2 patches in a row and then every other day until symptoms resolve.
- Maintenance wear one to two patches a week.

Anti-Aging/Increased performance

- Wear one to two patches per week, typically after intense training days.

KPV 10mg + NAD+ 500 mg

Acute systemic inflammation / autoimmune

- Wear patches daily for 3 consecutive days to mitigate acute symptoms.
- Wear 1 to 2 patches per week for the remainder of the month.